

**Composition : Urtin 10 Tablet :** Each Film Coated Tablet Contains Ebastine BP 10mg.

**Pharmacology :** Ebastine is a long-acting and selective H<sub>1</sub>-histamine receptor antagonist. After repeated administration, inhibition of peripheral receptors remains at a constant level. Ebastine is rapidly absorbed and undergoes extensive first-pass metabolism following oral administration. Ebastine is almost totally converted to the pharmacologically active acid metabolite, carebastine. Peak plasma levels of carebastine occur at 2.6 to 4 hours and achieve levels of 80 to 100 ng/ml. The half-life of carebastine is between 15 and 19 hours.

**Indications :** It is indicated for the symptomatic treatment of: 1) Seasonal and Perennial Allergic Rhinitis. 2) Chronic Idiopathic Urticaria. 3) Allergic skin Disorders.

**Dosage and administration :** Adults (more than 12 years of age): 10 mg (one tablet) once daily. Children (6-12 years of age): 5 mg (half tablet) once daily. Ebastine may be taken with or without food. Or, as directed by the registered physician.

**Contraindication :** It is contraindicated in patients with a hypersensitivity to this medication or its ingredients.

**Precaution :** Caution is advised when used in hepatic impairment, renal insufficiency, QTc interval prolongation.

**Urtin 10  
Tablet**



**Side effects :** The most common side-effects are headache, dry mouth and drowsiness. Less commonly reported side effects include abdominal pain, dyspepsia, nausea and insomnia.

**Use in Pregnancy and Lactation :** The safety of Ebastine during pregnancy and lactation has not been established.

**Use in Child :** The safety & Effectiveness of this medicine In Children with less than 6 years of age has not been established.

**Drug Interactions :** Concomitant use of Ketoconazole, Itraconazole, Clarithromycin or Erythromycin may increase plasma levels of Ebastine and cause QTC interval prolongation.

**Overdose :** No clinically meaningful signs or symptoms were observed up to 100 mg given once daily. There is no specific antidote for Ebastine. In case of accidental overdoses, gastric lavage, monitoring of vital functions including ECG and symptomatic treatment should be carried out.

**Storage :** Store below 30°C in a dry place.

**Packing : Urtin 10 Tablet :** Each box contains 3 x 10's tablets in blister pack.